Noah Levine, MS

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EDUCATION

Aug. 2025 – Present
Pacific University – Hillsboro, OR
School of Graduate Psychology
Doctoral Student in Clinical Psychology (APA Accredited)
- Anticipated PsyD: June 2030
- Health Psychology Track

June 2020
Bastyr University – Kenmore, WA
Master of Science, Nutrition
Concentration: Didactic Program in Dietetics

June 2018
Western Oregon University – Monmouth, OR
Bachelor of Science, Exercise Science
Minor: Health

DOCTORAL PROGRAM CLINICAL TRAINING EXPERIENCES

Aug. 2026 – Present
Pacific Psychology and Comprehensive Health Clinic, Pacific University – Portland, OR
Practicum I Student
Supervisor: Valerie Yeo, PsyD
- Provide individual therapy to adults working through anxiety, depression, emotion regulation, relationship difficulties and life transitions, starting each case with a biopsychosocial intake
- Draw on cognitive behavioral therapy (CBT), acceptance and commitment therapy (ACT) and brief interventions, matched to each client's needs
- Develop case conceptualization, treatment planning and ethical decision-making skills through weekly individual and monthly group supervision
- Take part in the clinic's weekly didactic seminars on clinical practice and professional development

ASSESSMENT EXPERIENCE

Measures administered and scored
- **Cognitive and achievement:** WAIS-5 (three practice administrations of primary and secondary subtests); WIAT-4
- **Neuropsychological:** California Verbal Learning Test, Third Edition (CVLT-3); Rey Complex Figure Test; Stroop Color-Word Test
- **Personality and psychopathology:** MMPI-3; MCMI-IV; Personality Assessment Inventory (PAI); NEO-PI-3
- **Symptom and risk screening:** PHQ-9; GAD-7; Columbia-Suicide Severity Rating Scale (C-SSRS)
- Wrote integrated psychological assessment reports synthesizing cognitive, personality and symptom measures

CLINICAL TRAININGS

In progress **Collaborative Assessment and Management of Suicidality (CAMS)**

In progress **CBTIweb**, Cognitive Behavioral Therapy for Insomnia provider training

ACADEMIC SERVICE

Fall 2026 – Present **Pacific Psychology and Comprehensive Health Clinic – Hillsboro and Portland, OR**

Student lead, clinic workflow digitization and access project

- Designed an online therapy screener with branching logic, risk flags and a crisis pathway; clinic leadership approved it in October 2026 after three review rounds
- Built a clinician view that summarizes each screener for copying into the electronic health record, plus a decision-tree document of the screening logic
- Analyzed intake availability and caseload data for 42 trainee clinicians to estimate clinic capacity in direct service hours
- Built a bilingual (English and Spanish) prototype clinic website with a fee estimator, checking insurance and fee details against official clinic sources, and produced bilingual patient pamphlets
- Presented the proposal to clinic leadership with three cohort peers and organized the project's deliverables on a shared team board

SUPERVISED CLINICAL TRAINING IN DIETETICS

March 2022 – April 2022 **University of Washington Medicine, Valley Medical Center – Renton, WA**

Inpatient Dietetic Intern

- Delivered patient nutrition support, including parenteral and enteral feeding, across ICU, surgical, cardiac, oncology and neurology units
- Collaborated with interdisciplinary medical teams to evaluate and address patients' nutritional needs
- Tailored nutrition counseling to each patient's health literacy, barriers and cultural context

Oct. 2021 – Nov. 2021 **Lifestyle Medicine Center, Valley Medical Center – Renton, WA**

Outpatient Dietetic Intern

- Designed nutrition care plans and counseled patients on health behavior change to improve health outcomes
- Counseled patients on using continuous glucose monitors, activity trackers and dietary tracking to manage blood glucose
- Collaborated with physician, physical therapy, exercise physiology, nursing and nutrition teams on interdisciplinary care plans
- Developed a cross-department nutrition education program with the onsite cardiac rehabilitation service
- Analyzed electronic health record data to assess cross-department program efficacy

Sept. 2019 – June 2020

Bastyr Center for Natural Health – Seattle, WA
Student Dietetic Clinician

- Interviewed, assessed and counseled patients with a range of health conditions under the supervision of a Registered Dietitian
- Developed nutrition interventions and assessment plans
- Coordinated care with providers from other health disciplines

RESEARCH EXPERIENCE

Fall 2026 – Present

Pacific University, School of Graduate Psychology – Hillsboro, OR
Clinic access research proposal

- Co-developing a research proposal on whether low-cost online tools and a clearer path into care improve access, enrollment and retention at the training clinic
- Proposed measures, comparison groups and a before-and-after design for tracking patients from first contact to treatment

2026 – Present

Phenome Health – Seattle, WA
Scale development, Health Behavior Change Dimensions Scale
Principal Investigator: Leroy Hood, MD, PhD

- Developing and beginning rollout of a scale to measure dimensions of health behavior change

May 2022 – Aug. 2025

Phenome Health – Seattle, WA
Study team member, Temporal Investigation of Multimodal Elements (TIME) Study
Principal Investigator: James Yurkovich, PhD

- Led development of the nutrition component of the study protocol
- Co-authored the published protocol for an observational, longitudinal study of molecular and digital data in older adults

Study contributor (2024 – 2025), Beta-cell Evaluation Through data-driven Assessments (BETA) Study, ARPA-H PATH project with the Buck Institute for Research on Aging
Principal Investigator: Stephen Friend, MD, PhD

- Contributed to study design and protocol development
- Integrated continuous glucose monitoring and wearable devices into the study workflow
- Developed the standardized at-home meal and glucose challenges used to estimate beta-cell function non-invasively

June 2024 – Aug. 2024

Southern New Hampshire University – Remote
Research Assistant

- Conducted a literature review on factors influencing grief in active-duty police officers
- Co-developed a study design on attachment style and emotional dependence on AI, including a review of psychometric instruments

Jan. 2018 – June 2018 **Western Oregon University – Monmouth, OR**
Research Assistant
- Investigated the effect of electrical muscle stimulation on muscle time-to-maximum intensity using mechanomyography
- Investigated lactate clearance after exercise with whole-body vibration
- Assisted with data acquisition, participant enrollment and interpretation of findings

June 2017 – Sept. 2017 **San Diego State University – San Diego, CA**
Research Assistant (Clinical)
- Investigated the relationship between dietary citrulline and colonocyte mitosis and apoptosis
- Supported data collection, participant recruitment, participant education and assay implementation
- Cataloged dietary intake using nutritional analysis software

PUBLICATIONS

Yurkovich, J. T., Glass, E., Nash, A. N., **Levine, N.**, Lee, S., Ehlen, K., Hernandez, E., Gharti, P., Senadheera, C., Fernando, A., Witherington, D., Pflieger, L., Erram, J., Rappaport, N., Le, A., Newman, J. C., & Stubbs, B. J. (2026). The Temporal Investigation of Multimodal Elements (TIME) Study: Protocol for an observational, longitudinal study to characterize the dynamic structure of molecular and digital data in older adults in stable health. *Frontiers in Digital Health, 8*, 1881042. https://doi.org/10.3389/fdgth.2026.1881042

Soundararajan, R., Maurin, M. M., Rodriguez-Silva, J., Upadhyay, G., Alden, A. J., Gowda, S. G. B., Schell, M. J., Yang, M., **Levine, N. J.**, Gowda, D., Sundaraswamy, P. M., Hui, S. P., Pflieger, L., Wang, H., Marcet, J., Martinez, C., Bennett, R. D., Chudzinski, A., Karachristos, A., Nywening, T. M., Cavallaro, P. M., Anderson, M. L., Coffey, R. J., Nebozhyn, M. V., Loboda, A., Coppola, D., Pledger, W. J., Halade, G. V., & Yeatman, T. J. (2025). Integration of lipidomics with targeted, single cell, and spatial transcriptomics defines an unresolved pro-inflammatory state in colon cancer. *Gut, 74*(4), 586–602. https://doi.org/10.1136/gutjnl-2024-332535

PROFESSIONAL PRESENTATIONS

Levine, N. (2024). *Anatomy of a dietary change* [Invited talk]. Hood Lab Scientific Retreat, Hamilton, MT, United States.

Armstrong, W. J., **Levine, N.**, Yett, A. C., Hirose, E., & Welch, J. D. (2018, April 5). *The application of a wavelet-based intensity analysis on the mechanomyography during incremental electrical stimulation of the soleus and medial gastrocnemius* [Presentation]. National Conference on Undergraduate Research, Edmond, OK, United States.

PROFESSIONAL AFFILIATIONS

- Society for Health Psychology (APA Division 38), Student Member
- Oregon Psychological Association, Student Member

GRANT AND FUNDING CONTRIBUTIONS

2026 **Institute for Systems Biology – Seattle, WA**
AI education platform (in development)
- Member of the team that raised $1.25 million for the platform, with funds to be administered through the Institute for Systems Biology

2024 **Advanced Research Projects Agency for Health (ARPA-H)**
Personalized Analytics for Transforming Health (PATH), Buck Institute for Research on Aging and Phenome Health
- Contributed to the Phenome Health proposal, as part of a team of about 14, for an award of up to $52 million over four years

TEACHING AND EDUCATIONAL DESIGN

2026 – Present **AI Education Platform (in development)**
Co-founder
Developed through the Institute for Systems Biology – Seattle, WA
- Co-founding an AI education platform that makes high-quality education more accessible, built on evidence-based learning practices including spaced repetition, active recall, interleaving, application and inquiry-based learning

2023 – 2024 **Phenome Health and Buck Institute for Research on Aging (Buck Academy) – Online**
Course Development Lead, *Personalized Population Health*
- Led development of a free, two-hour online course on personalized population health
- Wrote the course content and consulted with scientific advisors
- Developed the course figures and illustrations and produced the course videos

2022 **Phenome Health – Seattle, WA**
Creator, *What Is a Phenome?* (animated explainer video)
- Created the illustrations, animated the video and recorded the voice-over
- Consulted with scientific advisors on the content

March 2018 – June 2018 **IMPACT (Individualized Movement and Physical Activity for Children Today), Oregon State University – Corvallis, OR**
Adaptive Fitness Instructor (Volunteer)
- Taught children with disabilities exercise technique and home routines, adapting each activity to the participant's physical and cognitive needs

PROFESSIONAL EXPERIENCE

Nov. 2026 – Present **Plurva (plurva.com) – Portland, OR**
Founder
- Founded and lead a free, privacy-focused web tool that helps groups find a shared meeting time

Sept. 2025 – Present **Buck Institute for Research on Aging – Novato, CA (Remote)**
Freelance Scientific Figure Developer, Healthspan Horizons
- Develop scientific figures for white papers and perspective articles on healthspan research
- White paper: *Bridging Wellness and Clinical Science*
- Keynote perspectives: *The Healthspan Meta-Trait*; *When Stress Starts to Stick*; *Healthspan Before It's Over*; *The Exposome & Healthspan: The Missing Layer of Precision Health*; *Energy Span: An Early Signal of Healthspan Decline*; *Energy Span, Part II: What Actually Moves Energy Span*

2024	**TGH Cancer Institute and USF Health – Tampa, FL (Remote)** Freelance Scientific Figure Developer • Developed scientific figures for cancer research
May 2022 – Aug. 2025; returning Dec. 2026	**Phenome Health – Seattle, WA** Translational Science Associate (Clinical) • Developed an evidence-based knowledge base of diet, exercise, sleep and mental health recommendations to improve clinical markers • Designed nutrition and exercise protocols for several large-scale clinical multi-omic studies • Led efforts to incorporate continuous glucose monitoring into clinical research programs • Contributed to research design, grant proposals (including ARPA-H PATH), R analysis, REDCap development and clinical operations
June 2018 – Sept. 2018	**DexaFit – Irvine, CA** Nutrition and Exercise Technician (Internship) • Conducted metabolic and body composition testing (VO2, resting metabolic rate, DEXA) and explained results to clients